

Countdown Calendar

Mark off the days to track your progress and celebrate every day you are #SugarFreeForMD

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 Happy Sugar Free September! You got this!	2 	3	4	5 It may not be easy, but it's worth it. Now repeat that every day.
6 <i>No sugar, please!</i>	7	8 Sweet! You're 1 week sugar free!	9	10	11 Spread the love and post or email about your Sugar Free September.	12 
13	14	15 You're halfway! You can do it!	16 	17	18	19 When you feel like quitting, remember why you started.
20 	21	22 Only 1 week to go! Celebrate with a sugar free treat!	23	24	25 Difficult roads often lead to beautiful destinations	26 
27 Let everyone know they can still help you reach your fundraising goal!	28 	29 Only 2 more sleeps! You got this!	30 Last day! You're a legend!	1 October! Huge congratulations you've made it 30 days sugar free! 	2 	Total Raised: \$